

1 Do you not know, brothers and sisters—for I am speaking to those who know the law—that the law has authority over someone only as long as that person lives?

Romans 7:1

2 For example, by law a married woman is bound to her husband as long as he is alive, but if her husband dies, she is released from the law that binds her to him.

Romans 7:2

4 So, my brothers and sisters, you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear fruit for God.

Romans 7:4

5 For when we were in the realm of the flesh,
the sinful passions aroused by the law were at
work in us, so that we bore fruit for death.

Romans 7:5

6 But now, by dying to what once bound us,
we have been released from the law so that
we serve in the new way of the Spirit, and not
in the old way of the written code.

Romans 7:6

7 What shall we say, then? Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law. For I would not have known what coveting really was if the law had not said, “You shall not covet.”

Romans 7:7

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

Ezekiel 36:26

18 For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. 19 For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

Romans 7:18-20

“Fruit is always the miraculous, the created; it is never the result of willing, but always a growth. The fruit of the Spirit is a gift of God, and only He can produce it. They who bear it know as little about it as the tree knows of its fruit. They know only the power of Him on whom their life depends”

— Dietrich Bonhoeffer,
The Cost of Discipleship

21 So I find this law at work: Although I want to do good, evil is right there with me. 22 For in my inner being I delight in God's law; 23 but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me.

Romans 7:21-23

24 What a wretched man I am! Who will
rescue me from this body that is subject to
death?

Romans 7:24

24 I've tried everything and nothing helps. I'm at the end of my rope. Is there no one who can do anything for me? Isn't that the real question?
Romans 7:24 MSG

25 Thanks be to God, who delivers me through
Jesus Christ our Lord!
Romans 7:25a

14 having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross.

Colossians 2:14